

**Cardinal Rigali Message  
Living the Fourth Commandment**

*Announcer: And now a message from Cardinal Justin Rigali, Archbishop of Philadelphia.*

Dear Friends,

The Fourth Commandment enjoins us to honor our father and mother. This is a simple command to love and respect our parents, whom God has vested with His authority. Yet, the commandment's meaning extends much deeper.

Included in honoring our parents is obeying them, respecting their wishes and remembering to give thanks for all they do for us. A warm embrace, a kiss and words of gratitude are meaningful expressions of children's appreciation of their parents. *The Compendium of the Catechism of the Catholic Church* teaches that we honor our parents by fostering good relationships with our brothers and sisters, which contribute to the harmony and holiness of the family. Adult children can offer material and moral support for parents in times of need.

I encourage all of you whose parents are alive to ask Our Lord Jesus Christ to give them strength and wisdom and keep them in good health.

May God bless you all.

*(Source material: The Compendium of the Catechism of the Catholic Church No. 455).*

**153 words**